



KYBELLA Consent Form

Introduction:

KYBELLA (deoxycholic acid) injection is indicated for improvement in the appearance of moderate to severe fullness associated with submental fat, also called “double chin,” in adults. Deoxycholic acid is a naturally produced by our livers. KYBELLA is a synthetic form of this. The safe and effective use of KYBELLA for treatment of subcutaneous fat outside of the submental region has not been established. KYBELLA is injected into the fat under the chin. Multiple treatments are required and will be given at least 1 month apart.

Risks of KYBELLA Injections:

Every injection of a drug involves a certain amount of risk. Below are risks reported during clinical studies that are specific to the injection of KYBELLA.

Common potential side effects include swelling, bruising, pain, numbness, redness, and areas of hardness in treatment area. KYBELLA injections can also cause tingling, nodules, itching, skin tightness, and headache. These side effects typically resolve without treatment and do not usually result in patients stopping treatment.

Less common potential side effects include nerve injury- KYBELLA injections could cause nerve injury in the area of the jaw resulting in an uneven smile or facial muscle weakness. In the clinical trials these all resolved without treatment in an average of 6 weeks. Swallowing- KYBELLA injections can temporarily cause trouble with swallowing (this is thought to be due to neck swelling). Skin ulceration- KYBELLA injections could cause superficial skin erosions. Hair loss- KYBELLA injections could cause small patches of hair loss in the beard area. Unsatisfactory results- there is a possibility of unsatisfactory results. The procedure may also result in more noticeable platysma bands, unacceptable visible deformities or asymmetry in the treatment.

BEFORE Receiving KYBELLA Injections: Tell your healthcare provider about all of your medical conditions, including if you:

- Have an infection in the treatment area
- Have had or plan to have surgery on the face, neck, or chin
- Have had cosmetic treatments on the face, neck, or chin
- Have had or have medical conditions in or near the neck area
- Have trouble swallowing
- Have bleeding problems or are taking blood thinners
- Are pregnant or plan to become pregnant. It is not known if KYBELL will harm an unborn baby
- Are breastfeeding or plan to breastfeed. It is unknown if KYBELL passes into your breast milk

PATIENT INITIALS: _____

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Tell your healthcare provider about all medications you currently take, including prescriptions and over-the-counter medicines, vitamins, and herbal supplements. Tell your healthcare provider if you take a medicine that prevents the clotting of blood (antiplatelet or anticoagulant medications such as aspirin, non-steroidal anti-inflammatory medications).

I, the undersigned, have read and I understand the information contained within this consent form. My signature below indicates that I have read and understand the information in the consent. Further, my signature below indicates my consent to the treatment described and my agreement to comply with the requirements placed on me by this consent form.

X

Name (printed)

Date

X

Signed Name

Witnessed Signed



KYBELLA Pre and Post Treatment Instructions

Adhering to the following pre/post treatment instructions will help to ensure a satisfactory outcome of your treatment. Please call **Tina Johnson, R.N., at (903)-814-7760**, if you have any questions or concerns.

KYBELLA should not be used in patients who are pregnant, nursing, trying to get pregnant, gave experienced this hypersensitivity in the past, those with severe allergies, and should not be used in areas of active inflammation or infection (cysts, pimples, rash). You should not get this procedure if you currently have or have a history of: nerve damage, facial paralysis, facial movement issues, difficulty swallowing, bleeding problems, and/or prior or planned surgery, cosmetic treatments, or medical conditions on or near my face, neck or chin. These conditions may contraindications to receiving the treatment.

Notify Tina Johnson, R.N., if you have had major dental work (excluding routine cleanings) 2 weeks before/after proposed injection procedure or if you have had any recent procedure (cosmetic, surgery, laser, or other) or any recent illness. If you are a male, you should come clean shaven (neck) to the treatment.

Post-Care Instructions:

Redness/swelling is normal for a few days to a week. Real results can be expected at 4 weeks (after all swelling has resolved).

Swelling is usually significant in the first couple of days week. Patients report looking like a “bullfrog” with a lot of fluid in the first couple of days to a week. This is normal.

Numbness is common for the first weeks to month. Discomfort and tenderness to the touch is also common in that time frame.

Do not rub the area treated. Do not massage the area.

Gently clean the area twice daily with mild soap.

Avoid irritants (glycolics, acid, retinoids, etc) until all redness/swelling resolves.

You may apply cool compresses/ice for 15 minutes an hour for comfort and to reduce swelling.

Make-up may be used as long as skin is not broken or irritated.

You should immediately notify Tina Johnson, R.N. if you have any questions or concerns, or see any signs of problems (severe or extended; pain, swelling, bruising, lumpiness, sign of infection, blood supply compromise, trouble swallowing, uneven smile or trouble with moving the mouth/chin, or other). Signs of blood supply compromise include blanching or whitening/darkening/blackening of the skin, any discoloration, pain, or skin break/sloughing.

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Tina Johnson, R.N. | (903) 814-7760



PATIENT COPY-Please keep for your records

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