

# **Consent for the Priapus Shot Treatment**

### A. Purpose

Using blood-derived growth factors (platelet rich fibrin matrix (PRFM)), the Priapus Shot is a safe procedure for enlarging and strengthening the penis.

#### **B.** Benefits

This treatment is natural in that your own cells are used, treated with a chemical that is not foreign to the body, and injected into the specified areas. Since a distillate of growth factors from your own blood (PRFM) is used, there should be no side effects from the material injected. The body reacts to the treated cells as it does to a wound and immediately starts repairing tissue. This builds the underlying tissue with a possible (but not guaranteed) 10 to 20% increase in length and girth. You should see improvements immediately, although there is usually a return to prior treatment status in 3 to 5 days as the water is absorbed and prior to the complete action of the fibroblasts to increase the size of the penis. An increase in girth and length is common within 2 to 4 weeks. There's an actual growth of new tissue by stimulation of uni-potent stem cells, so the change in shape is not from something foreign being in the body, but from the body actually rejuvenating and growing. The PFRM stimulates new blood flow with new blood vessels (neovascularization).

The results of this treatment commonly lasts 15 to 18 months, but do not last as long in some people. A summary of results include the following:

Immediately larger, strengthens the penis, straightens the penis, increased circulation within the penis for a healthier organ, makes other therapies work better (if you still need Viagra or Cialis, then it will work better for you), increases sensation and pleasure (helps correct the damage from diabetes). Increased size by design (can place more in base or in the head or whatever makes the best result), no allergic reactions (using your own body's fluids), no lumpiness, and minimal pain (no burning from PRFM since its from your own body).

#### C. Treatment

You may take a pain medication, such as Tylenol.

A numbing lidocaine cream is applied to the penis. Approximately 10cc (about 2 tablespoons) of blood are drawn in the same way blood samples are taken for routine lab tests. The tubes of blood are centrifuged to separate the component cells. One type of cells is separated and used for this procedure. The cells are treated with calcium chloride which tricks the cells into thinking that they are in the body and the body has been injured. The platelets release growth factors into the liquid of the tube. The liquid is transferred into a syringe and injected into the penis using a tiny needle and in a way that distributes the growth factors in a proper way.



#### D. Foreseeable Risks and Discomforts

The primary risks and discomforts are related to the blood draw where there is a slight pinch to insert the needle for collection and there is a potential for bruising at the site. The injections at the treatment locations will feel about like a regular shot (a small needle is used). There is a potential for a small bruise at the injection sites. The risk of scarring is minimal (about 10% of patients who use tri-mix injections weekly having scarring). There may be other risks not yet known with the use of PRP in the penis.

Smokers have less positive response to this treatment than non-smokers. There may be some variation in achieving the results requested as every man's body type is different and may have a slightly difference response.

#### E. Post Treatment

Just like muscle enhancement occurs best when hormonal therapies are combined with physical exercise, the results will be improved by physical therapies as outlined by Tina Johnson, R.N. at the time of treatment.

#### F. Follow-up

You may call Tina Johnson, R.N., to report on your progress or ask questions. She can be reached at (903)-814-7760.

## G. Privacy

Your privacy is protected as described in out office Privacy Act Document. I authorize the taking of clinical photographs and their use for scientific purposes both in publications and presentation. I understand that my identity will be protected.

#### H. Payment

I understand this is a cosmetic procedure and that payment is my responsibility. I have read the above and understand it. My questions have been answered satisfactorily by Tina Johnson, R.N., and staff. I accept the risks and complications of the procedure. I acknowledge that I have been offered a copy of the office Privacy Act Document.

Name (print)	Date
X	
Signed Name	Witnessed Signature



## Pre and Post Care Instructions for the Priapus Shot PRP Procedure

**BEFORE** *The week before having the treatment (for best results):* 

- AVOID the use of NSAIDS (ibuprofen, Motrin, Aleve, Naproxen, Aspirin, etc.) for **3 to 7 days before procedure** (Tylenol is OK for pain relief right up to and including the day of procedure- do not exceed 400MG in a 24-hour period).
- AVOID the following nutritional supplements for **3 to7 days before the procedure** gingko biloba, garlic, vitamin E, vitamin A, flax oil, curcumin and other anti-inflammatory nutrients.
- AVOID the systematic use of corticosteroids for 1 to 2 weeks before the procedure.
- AVOID alcohol and cigarettes for **3 to 7 days before the procedure.**
- HYDRATE very well the day before and the day of the procedure for ease of blood draw.

## **DURING** *The day of the procedure:*

- All paperwork will be completed (personal medical history and informed consents).
- Blood is drawn and PRP is processed.
- Topical numbing cream is applied to injection site(s). Additional lidocaine will be injected after topical numbing is attained.
- PRP is processed, activated, and injected into 5 areas.
- Vacuum Pump and its instructions will be provided. It is recommended to use this in the office for 5 to 10 minutes to maximize the effectiveness of the PRP.
- Schedule an 8-week follow-up appointment.

## **AFTER** *The week(s) after the procedure (for the best results):*

- Bruising may occur due to the negative pressure of the pump.
- Follow the post procedure pumping protocol (10 minutes AM & PM).
- AVOID the use of NSAIDS (ibuprofen, Motrin, Aleve, Naproxen, Aspirin, etc.) for **3 to 7 days after the procedure** (Tylenol is OK for pain relief, do not exceed 400MG in a 24-hour period).
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- AVOID the systemic use of corticosteroids for 1 to 2 weeks after the procedure.
- AVOID alcohol and cigarettes for 3 to 7 days after the procedure.
- Eat a healthy diet and HYDRATE very well, at least 64 ounces of clean fresh water.
- Use the vacuum pump for 10 to 20 minutes every day to maximize effectiveness of the procedure. You may substitute sex for this.
- Make 4-week follow up appointment with provider for further instructions and intervention if necessary, by calling **Tina Johnson**, **R.N.**, **at (903)-814-7760**.

PATIENT INITIALS:		Page 3 of 3	
Tina Johnson,	R.N.	(903)	814-7760



## **PATIENT COPY-Please keep for your records**

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